**Asperger’s Autism Spectrum books for females**

*There are many and these are just some:*

I have deliberately not given many Amazon links but they are all there too…

**NB: If you find any of these particularly helpful or unhelpful PLEASE feed back to me so I can tell future patients where to go and not to go. Thank you.**

Aspergirls

[Aspergirls: Empowering Females with Asperger Syndrome: Amazon.co.uk: Rudy Simone, Liane Holliday Willey: 9781849058261: Books](https://www.amazon.co.uk/Aspergirls-Empowering-Females-Asperger-Syndrome/dp/1849058261)

The Spectrum Girl’s Survival Guide (recommended by a parent), written by an ASD Adolescent

<https://www.amazon.co.uk/Spectrum-Girls-Survival-Guide-Autistic/dp/178775183X>

Life on the Autism Spectrum – a guide for girls and women

<https://www.wob.com/en-gb/books/karen-mckibbin/life-on-the-autism-spectrum-a-guide-for-girls-and-women/9781849057479?gclid=CjwKCAiA7dKMBhBCEiwAO_crFPLwu0Un5Hjlxjb_NrSOP8JKUj1MT3YiO1iM_tubdmPR1qy6uSY3RBoCLZ8QAvD_BwE>

Safety skills for Asperger Women

<https://www.wob.com/en-gb/books/liane-holliday-willey/safety-skills-for-asperger-women/9781849058360?gclid=CjwKCAiA7dKMBhBCEiwAO_crFNJYVhpKtoi15XpLTwNtv3LqpEHD2CzFGxxGVBAG-FP77iMlmDypzBoCUAAQAvD_BwE>

The Aspie Girls Guide to being safe with men

<https://www.betterworldbooks.com/product/detail/9781849053549?shipto=GB&curcode=GBP&gclid=CjwKCAiA7dKMBhBCEiwAO_crFF8VR3smA3PiL4ZVZXgh6syWpuEtyUFRFsiXOl_ltDVzDYXuqZ_kChoC9y4QAvD_BwE>

**Asperger’s**
Amazon:

<https://www.amazon.co.uk/Women-Girls-Autism-Spectrum-Disorder/dp/1849055475>

[https://www.amazon.co.uk/Spectrum-Women-Walking-Beat-Autism/dp/1785924346/ref=pd\_bxgy\_img\_1/261-6728784-5904661?pd\_rd\_w=1fveM&pf\_rd\_p=c7ea61ca-7168-47e3-9c8b-d84748f5b23c&pf\_rd\_r=MP5RQ925B80SRDRRSZ5V&pd\_rd\_r=af93a032-41f4-4cf4-9c5d-b4cacb9fc02e&pd\_rd\_wg=ug4pH&pd\_rd\_i=1785924346&psc=1](https://www.amazon.co.uk/Spectrum-Women-Walking-Beat-Autism/dp/1785924346/ref%3Dpd_bxgy_img_1/261-6728784-5904661?pd_rd_w=1fveM&pf_rd_p=c7ea61ca-7168-47e3-9c8b-d84748f5b23c&pf_rd_r=MP5RQ925B80SRDRRSZ5V&pd_rd_r=af93a032-41f4-4cf4-9c5d-b4cacb9fc02e&pd_rd_wg=ug4pH&pd_rd_i=1785924346&psc=1)

[https://www.amazon.co.uk/Odd-Girl-Out-Autistic-Neurotypical/dp/1509843825/ref=pd\_bxgy\_img\_2/261-6728784-5904661?pd\_rd\_w=ObCMm&pf\_rd\_p=c7ea61ca-7168-47e3-9c8b-d84748f5b23c&pf\_rd\_r=1P9D44QHD46YKVEY6ABG&pd\_rd\_r=2210f073-61f2-4f3d-a593-9eec28432f79&pd\_rd\_wg=HKSue&pd\_rd\_i=1509843825&psc=1](https://www.amazon.co.uk/Odd-Girl-Out-Autistic-Neurotypical/dp/1509843825/ref%3Dpd_bxgy_img_2/261-6728784-5904661?pd_rd_w=ObCMm&pf_rd_p=c7ea61ca-7168-47e3-9c8b-d84748f5b23c&pf_rd_r=1P9D44QHD46YKVEY6ABG&pd_rd_r=2210f073-61f2-4f3d-a593-9eec28432f79&pd_rd_wg=HKSue&pd_rd_i=1509843825&psc=1)

For younger girls:

The Secret Life of Rose

[https://www.amazon.co.uk/dp/B09478WQXV/ref=dp-kindle-redirect?\_encoding=UTF8&btkr=1](https://www.amazon.co.uk/dp/B09478WQXV/ref%3Ddp-kindle-redirect?_encoding=UTF8&btkr=1)

Can You See Me

[https://www.amazon.co.uk/gp/product/B07RP9M18Y/ref=dbs\_a\_def\_rwt\_hsch\_vapi\_tkin\_p1\_i0](https://www.amazon.co.uk/gp/product/B07RP9M18Y/ref%3Ddbs_a_def_rwt_hsch_vapi_tkin_p1_i0)

and many, many more…..

Dr Richard Fry

*(last updated Mar 22)*